1. **NO PHYSICAL OR VERBAL ABUSE**
2. **CLEAN UP YOUR OWN MESS**
3. **DO NOT BORROW FROM ANYONE IN THE HOUSE WITHOUT PERMISSION**
4. **COMPLETE YOUR CHORES DAILY**
5. **ASK PERMISSION BEFORE GOING ANYWHERE**
6. **FOOD STAYS IN THE KITCHEN**
7. **KNOCK ON CLOSED DOORS**
8. **DO NOT GO INTO OTHERS ROOMS WITHOUT PERMISSION**
9. **DO NOT ARGUE OR TALK BACK TO YOUR FOSTER PARENTS, RESPITE PROVIDERS OR BABYSITTER**

**10.ALWAYS BE HONEST AND TRUSTWORTHY**